**Unit 12 Abnormal Psychology PowerPoint Notes**

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= a syndrome marked by a clinically significant disturbance in an individual’s cognition, emotion regulation, or behavior.

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= a psychological disorder marked by the appearance by age 7 of one or more of three key symptoms; extreme inattention, hyperactivity, and impulsivity.

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= the concept that diseases, in this case psychological disorders, have physical causes that can be *diagnosed*, *treated*, and, in most cases, *cured* often through treatment in a hospital.

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= the American Psychiatric Association’s *Diagnostic and Statistical Manual of Mental Disorders*, Fifth Edition; a widely used system for classifying psychological disorders.

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

= psychological disorders characterized by distressing, persistent anxiety or maladaptive behaviors that reduce anxiety.

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= an anxiety disorder in which a person is continually tense, apprehensive, and in a state of autonomic nervous system arousal.

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

= an anxiety disorder marked by unpredictable minutes-long episodes of intense dread in which a person experiences terror and accompanying chest pain, choking, or other frightening sensations. Often followed by worry over a possible next attack.

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= an anxiety disorder marked by a persistent, irrational fear and avoidance of a specific object, activity, or situation.

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= intense fear of social situations, leading to avoidance of such. (Formerly called *social phobia*)

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= fear or avoidance of situations, such as crowds or wide open spaces, where one has felt loss of control and panic.

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

= a disorder characterized by unwanted repetitive thoughts (obsessions) and/or actions (compulsions).

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

= a disorder characterized by haunting memories, nightmares, social withdrawal, jumpy anxiety, numbness of feeling, and/or insomnia that lingers for four weeks or more after a traumatic experience.

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= positive psychological changes as a result of struggling with extremely challenging circumstances and life crises.

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= psychological disorders characterized by emotional extremes.

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= a mood disorder in which a person experiences, in the absence of drugs or a another medical condition, two or more weeks with five or more symptoms, at least one of which must be either (1) depressed mood, or (2) lost of interest or pleasure.

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= a mood disorder marked by a hyperactive, wildly optimistic state.

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= a mood disorder in which a person alternates between the hopelessness and lethargy of depression and the overexcited state of mania. (formerly called *manic-depressive disorder*.)

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= compulsive fretting; *overthinking* about our problems and their causes.

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= a group of severe disorders characterized by delusions, hallucinations, disorganized speech, and/or diminished or inappropriate emotional expression.

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

= a psychological disorder in which a person loses contact with reality, experiencing irrational ideas and distorted perceptions.

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

= false beliefs, often of persecution or grandeur, that may accompany psychotic disorders.

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

= false sensory experience, such as seeing something in the absence of an external visual stimulus.

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

= psychological disorder in which the symptoms take a somatic (bodily) form without apparent physical cause.

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= a disorder in which a person experiences very specific genuine physical symptoms for which no psychological basis can be found. (Also called *functional neurological symptom disorder*)

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= a disorder in which a person interprets normal physical sensations as symptoms of the disease. (Formerly called *hypochondriasis*)

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= disorders in which conscious awareness becomes separated (dissociated) from previous memories, thoughts, and feelings.

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= a rare dissociative disorder in which a person exhibits two or more distinct and alternating personalities. Formerly called *multiple personality disorder*.

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= an eating disorder in which a person (usually an adolescent female) maintains a starvation diet despite being significantly (15 percent or more) underweight.

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= an eating disorder in which a person alternates binge eating (usually of high-calorie foods) with purging (by vomiting or laxative use), excessive exercise, or fasting.

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= significant binge-eating episodes, followed by distress, disgust, or guilt, but without the compensatory purging, fasting, or excessive exercise that marks bulimia nervosa.

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= psychological disorders characterized by inflexible and enduring behavior patterns that impair social functioning.

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

= a personality disorder in which a person (usually a man) exhibits a lack of conscience for wrongdoing, even toward friends and family members. May be aggressive and ruthless or a clever con artist.